

Personal Development and Self-Acceptance



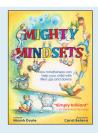
Mindfulness...



5 Minute Mindful Bedtime Stories 9781801051491 HB £9.99 Imagine That



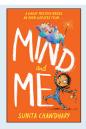
Happy: A Children's Book Of Mindfulness 9781838914110 BB £6.99 9781848578883 PB £6.99 Little Tiger



Mighty Mindsets 9781912417865 PB £9.99 Little Island



The Sleepy Pebble and Other Stories 9781911171812 HB £12.99 Flying Eye



Mind And Me 9781913311384 PB £5.99 Knights Of



Mindful Sticker By Number: Animals 9781915458018 PB£8.99 Iseek



Mindful Autumn Colouring 9781915356000 PB £7.99 Townhouse



Find Peace In A Poem 9781838915643 HB £12.99 Little Tiger



You're Fabulous As You Are 9781838916114 BB £6.99 Little Tiger



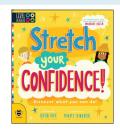
You Are Loved 9781838914424 BB £6.99 Little Tiger



You Are Strong 9781838914523 BB £6.99 Little Tiger



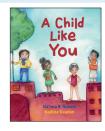
Love Being You 9781912909940 PB £7.99 B Small



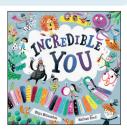
Level Headers: Stretch Your Confidence 9781911509967 PB £7.99 B Small



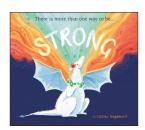
Level Headers: Find Your Power 9781911509974 PB £7.99 B Small



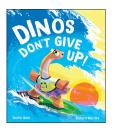
A Child Like You 9781913074173 HB £12.99 Otter-Barry Books



Incredible You 9781849766975 PB £6.99 9781849766265 HB £11.99 Tate



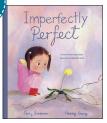
Strong 9781838915148 PB £7.99 Little Tiger



Dinos Don't Give Up! 9781801043106 PB £7.99 Little Tiger



The Best You 9781838915414 HB £12.99 Little Tiger



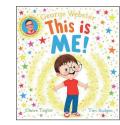
Imperfectly Perfect 9781801044981 HB £12.99 Little Tiger



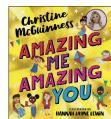
Hello Me! 9781801044844 HB £12.99 Little Tiger



When Cookie Crumbled 9780702324857 PB £6.99 Scholastic



This Is Me 9780702319143 PB £7.99 Scholastic



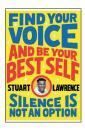
Amazing Me, Amazing You 9780702323201 PB £7.99 Scholastic



Fearless! How To Be Your True, Confidence Self! 9781407197937 PB £9.99 Scholastic



Let's Talk 9780702329234 HB £12.99 Scholastic



Find Your Voice and Be Your Best Self 9780702316913 PB £8.99 Scholastic



Connecting with

loved ones

A Little Bit Brave 9780702329838 CBB £7.99 Scholastic



Little Voices: Let's Be Brave 9781838914998 BB £6.99 Little Tiger



Shy Ones 9781912497355 HB £12.99 Flying Eye

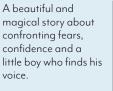
This beautifully delicate picture book explores the topic of shyness and friendship.

Stunningly illustrated by bestselling creator Simona Ciraolo, this book is sure to resonate with young children across the world, particularly those who are just starting school.



Ning And The Night Spirits 9781913123161 HB £12.99 Flying Eye Books

Being by yourself and with others





This Girl Can Be A Bit Shy 9781801044509 HB £12.99 9781801046312 PB £7.99 Little Tiger



Timid 9781838915117 PB £7.99 Little Tiger



Courage In A Poem 9781838914394 HB £12.99 Little Tiger



Becoming Brave 9781838914646 HB£12.99 Little Tiger



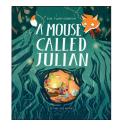
Scaredy Bear 9781848699441 PB £6.99 Little Tiger



Hug Me 9781911171720 PB £6.99 9781838742003 BB £7.99 Flying Eye



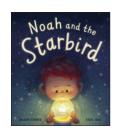
Big Hid 9781911171300 HB £11.99 9781838741150 PB £7.99 Flying Eye



A Mouse Called Julian 9781912497065 HB £11.99 9781912497478 PB £7.99 Flying Eye



Only Lonely Panda 9781848696747 PB £7.99 Little Tiger



Noah And The Starbird 9781788816847 PB £6.99 Little Tiger



Mole's Quiet Place 9781801044264 PB £7.99 Little Tiger



Found You 9781407196275 PB £6.99 Scholastic

