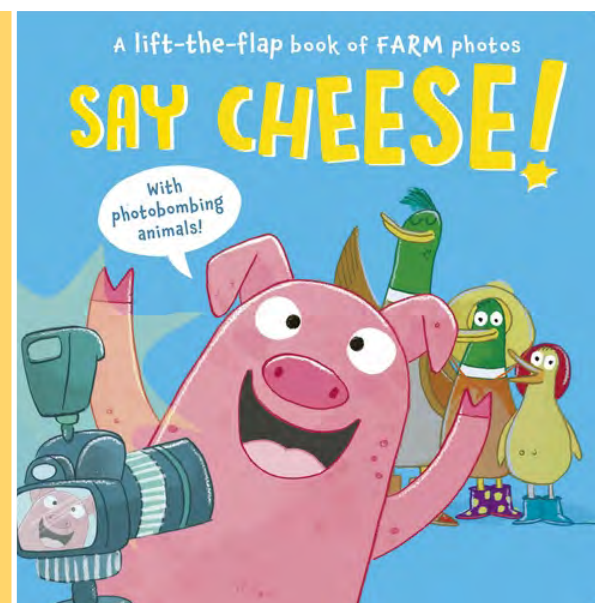
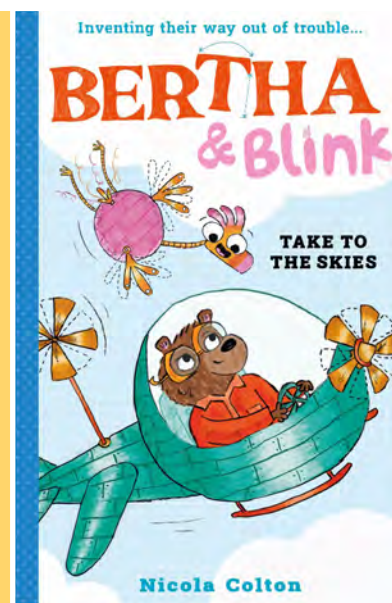
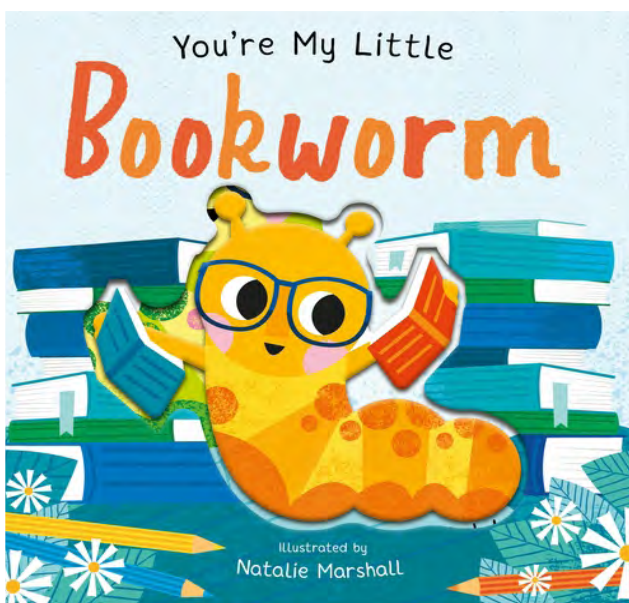


FEBRUARY 2025 NEW TITLES

LTP



Advance Information

Upside Down Opposites

Written by Danielle McLean

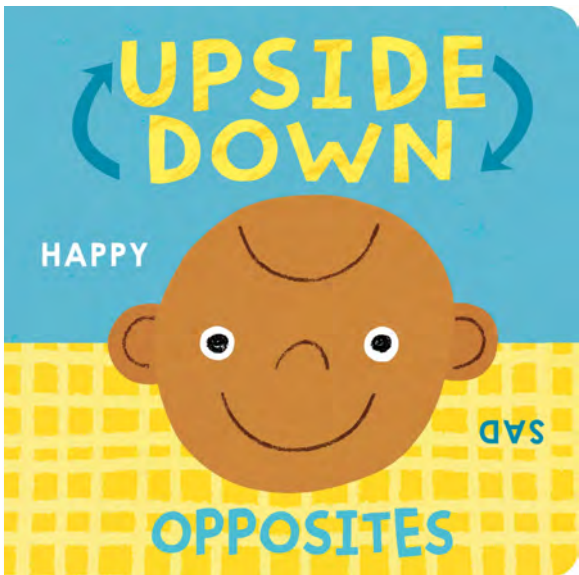
Illustrated by Matt Hunt

Go from happy to sad and high to low, all with the flip of a book!

This clever board book of transformations allows little ones to read it, flip it and watch the upside-down picture change into its opposite. Perfect to introduce little ones to first words and opposites, no matter which way they'd like to hold the book!

Sales Points:

- Flip the book to see the image transform into its opposite.
- Features striking artwork from acclaimed illustrator Matt Hunt.
- With a clever rhyming text that works whichever way the book is held, introducing little ones to first words and opposites.
- Perfect for fans of the OKIDOKID Opposites series, Find the Wolf by Agnese Baruzzi and Baby Up Baby Down by Abrams Appleseed.



ISBN: 9781801047364
 Pub Date: 6 February 2025
 Price: £7.99
 Format: CBB
 Age: 1 to 3
 Dims: 186x186 mm
 Extent: 16 pp.
 CBCM Code: A3K79
 BIC Code: YBCB

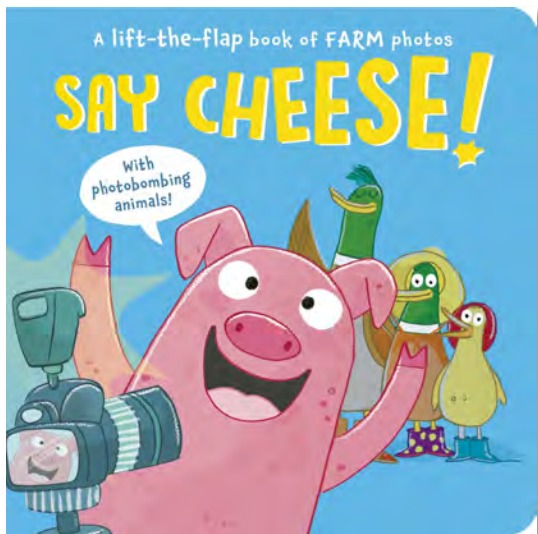
About the author:

Danielle is a children's book editor who lives in South East London. She dreams of living in a house full of wiggly piglets and fluffy white kittens. When she's not writing and editing children's books, she'll be found in a ballet class pursuing her other childhood fantasy.





Advance Information



ISBN: 9781801047371
 Pub Date: 6 February 2025
 Price: £7.99
 Format: CBB
 Age: 1 to 3
 Dims: 176x176 mm
 Extent: 12 pp.
 CBCM Code: A3J79
 BIC Code: YBCB

Say Cheese!

Written by Sophie Aggett
 Illustrated by Pauline Gregory



A photo at the pond - get set!
The piglets get their pink feet wet.
Say "CHEESE!"



Uh-oh! Who got in the way?

The animal friends on the farm love to take photographs - the goats pose politely, the horses happily wave their hooves, and the cows are dressed in their very best. Everybody ready? Say "Cheese!"

UH-OH! It seems like they can never get it right without someone getting in the way! Can the animals EVER get their perfect picture?

Sales Points:

- A hilarious lift-the-flap board book featuring a fun, rhyming text.
- Featuring bright, laugh-out-loud illustrations from Pauline Gregory.
- Packed with hiding photobombers that little ones will love to spot.
- Ideal for fans of Oi Frog!; I Say Oh, You Say No; and Who Did That Poo in the Zoo?

About the author

Sophie lives in London and likes to spend her time eating pizza and reading detective stories. She loves her job in children's publishing but suspects she would be good at solving mysteries too. On retirement, Sophie plans to open a detective agency by the sea.



The coolest cows say "MOO" and grin.
They rule the farm, so DON'T jump in...



Say "CHEESE!"

UH-OH!



Who got in
the way?

Written by Nicola Edwards

Illustrated by Natalie Marshall

Celebrate your little bookworm with this delightful peek-through board book! Featuring a range of cute and colourful characters, including smart cookies and spelling bees, this is the perfect way to share your love of words with your little one.

An adorable addition to the bestselling *You're My Little ...* series!

About the author

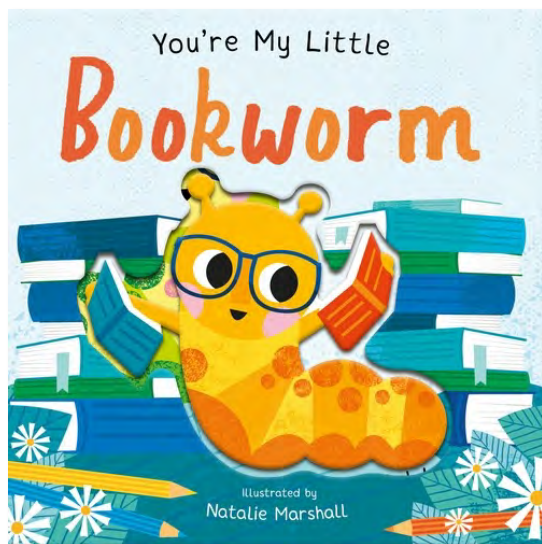
Nicola was raised by the seaside in beautiful Brighton. She loves reading, dancing, rhyming and turquoise things. She now lives with her husband and son in East London and spends her days writing and editing children's books. She has been nominated for the UKLA 2019 award.

About the illustrator

Natalie is an internationally published illustrator and author. Her unique illustrations can be found worldwide in books for children as well as on greeting cards and wrapping paper, baby nappies, mugs and packs of blueberries! Natalie lives near the beach in Melbourne, Australia with her bike-loving husband and two busy children.

Sales Points

- Full of affirmations celebrating the love between parents and children.
- Peek-through holes and chunky pages are perfect for little hands.
- Part of the bestselling *You're My Little ...* series by Nicola Edwards and Natalie Marshall.



ISBN: 9781838917746
Pub Date: 6 February 2025
Price: £7.99
Format: BB
Age: 1 to 3
Dims: 190x190 mm
Extent: 18 pp.
CBCM Code: A3J79
BIC Code: YBCB

ALSO AVAILABLE IN THE SERIES



9781848578715
BB | £7.99



9781838914417
BB | £7.99



9781848576520
BB | £7.99



You're my
sharpest
crayon,

You make
the dark
skies light.



You're my
sharpest
crayon,

You make
the dark
skies light.

With you, no day is ever grey,
You are so rainbow bright.

Advance Information



I Love You, Mum

Written by Nicola Edwards
Illustrated by Sophie Beer

Show your mum your appreciation with this personalisable gift book, featuring adorable artwork from Sophie Beer. Heartwarming rhyming text celebrates the wonderful things mums do and is perfect for sharing with your amazing mum!

The ideal present for Mother's Day!

About the author

Nicola was raised by the seaside in beautiful Brighton. She loves reading, dancing, rhyming and turquoise things. She now lives with her husband and son in East London and spends her days writing and editing children's books. She has been nominated for the UKLA 2019 award

About the illustrator

Sophie is an award-winning illustrator living in Brisbane. She loves creating bright, fun designs with generous helpings of narrative. Revelling in colour, shape and texture, she lives by one rule: art should never be boring. When she's not illustrating she can usually be found drinking tea, mooning over Joanna Newsom's lyrics and indulging in her other passion – literature.

Sales Points:

- Die-cut cover novelty allows readers to slide their own picture into the frame and give a gift parents will cherish forever.
- Features vibrant art from award-winning illustrator Sophie Beer.
- Thoughtful rhymes celebrate the love between parent and child.

ISBN: 9781838917494
Pub Date: 6 February 2025
Price: £7.99
Format: CBB
Age: 1 to 3
Dims: 186x186 mm
Extent: 12 pp.
CBCM Code: A3K79
BIC Code: YBCB



BY THE SAME ILLUSTRATOR

9781838910679
BB |£6.99

You're the **BEST MUM** in the world.
You share **YOUR JOY** with me.



That gives me
the **COURAGE** to be
CONFIDENT and **FREE**.

When you **HOLD** me **TIGHT**,
I feel so very **SNUG**.
However big I get,
I will **ALWAYS**
need that **HUG**.



Advance Information

Mums are Magnificent

Written by Simon Philip

Illustrated by Dawn Lo



ISBN: 9781801047456
Pub Date: 6 February 2025
Price: £6.99
Format: CBB
Age: 1 to 3
Dims: 196x161 mm
Extent: 28 pp.
CBCM Code: A3K79
BIC Code: YBCB

Mums are SPECIAL. Mums are UNIQUE.

They can play let's pretend ...

... and be your best friend.

They can be pilots of planes

or drivers of trains.

All mums are DIFFERENT, MAGIC ... and MAGNIFICENT!



A celebration of mums everywhere, and their talents, tenacity and tenderness - now in a chunky board book format!

Featuring a heartwarming text by Simon Philip and joyful illustrations by Dawn Lo, Mums are Magnificent champions the diverse nature of mums, sharing the strength and resilience that ALL mums share.

About the author

Simon lives on the south coast of England, although he occasionally leaves to buy milk. After gaining a first-class degree in History at Exeter University, he became a barman, grew tired of the owner calling him Andy, left in order to fail a Primary PGCE, then finally stumbled upon writing (sometimes award-winning) books.

About the illustrator

Born in Hong Kong, Dawn Lo is an illustrator currently based in Vancouver, the unceded land of the Squamish, Musqueam, and Tsleil-Waututh First Nations. Her work has appeared in picture books, stationery, greeting cards, public art installations, murals and more! Most of her work is inspired by little, everyday moments and personal multicultural experiences.

Sales Points:

- A celebration of mums everywhere - now in a chunky board book format!
- Championing the diverse nature of mums - their strength, their resilience, and their MAGNIFICENCE!
- The perfect present to give to extraordinary mums on Mother's Day.

Or totally useless at acting their age.

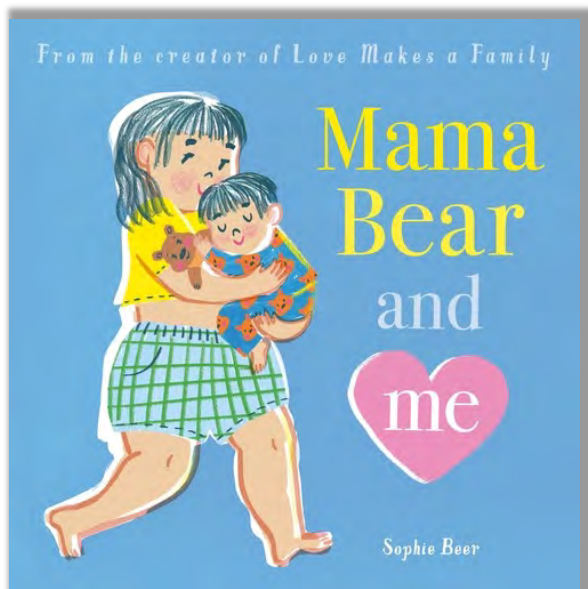
Or totally useless at acting their age.

Or totally useless at acting their age.

Some long for
quiet
when things get
too loud.

Some long for
quiet
when things get
too loud.





Mama Bear and Me

Written and illustrated by Sophie Beer

A bear hug from my mama is the warmest place to be. We'll sleep inside our cave, all snugly brave ... my Mama Bear and me.

Bears can be cuddly soft and grizzly grumpy. But who is the cuddliest, grizzliest bear of all? Why, it's MAMA BEAR!

From the best-selling author of Love Makes a Family comes this loving tribute to real-life mama bears.

ISBN: 9781838917883
Pub Date: 6 February 2025
Price: £7.99
Format: PB
Age: 3 to 6
Dims: 240x240 mm
Extent: 36 pp.
CBCM Code: A3M79
BIC Code: YBCS

Sales Points:

- A sweet story celebrating the love between mother and child.
- Featuring rhyming text and vibrant illustrations from award-winning author/illustrator Sophie Beer.
- The perfect gift for maternal figures for Mother's Day and all year round.

About author

Sophie Beer is an award-winning illustrator living in Brisbane. She loves creating bright, fun designs with generous helpings of narrative. Revelling in colour, shape and texture, she lives by one rule: art should never be boring. When she's not illustrating she can usually be found drinking tea, mooning over Joanna Newsom's lyrics and indulging in her other passion – literature.

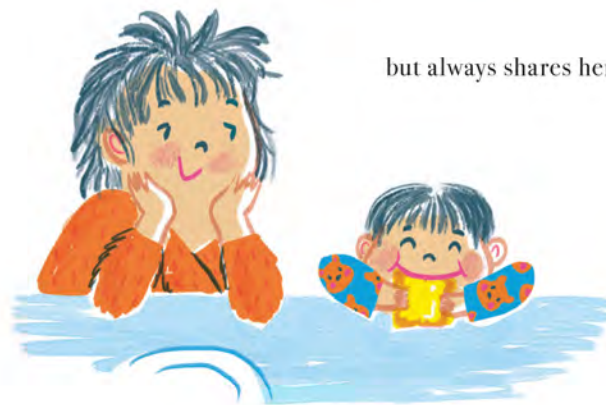
Mama Bear is snoozy sleepy, and gruffly rumbley too.



Mama Bear loves her honey . . .



but always shares her food.



Just One More Story

Written by Perry Emerson

Illustrated by Sean Julian

A lyrical story that's perfect for inspiring reluctant readers to find their own style of reading - illustrated by the internationally bestselling Sean Julian.

Pip and Bun are two very different bunnies.

Pip LOVES reading.

Bun does not.

Until, one day, Bun opens a book ...and discovers pages filled with action and adventure!

This celebration of creativity and imaginative play is the ideal book to empower kids to write their own story. Just One More Story explores the idea that there are many different ways to read and is ideal for children who have struggled to connect to reading.



ISBN: 9781838917364

Pub Date: 6 February 2025

Price: £7.99

Format: PB

Age: 3 to 6

Dims: 280x245 mm

Extent: 32 pp.

CBCCode: A3M79

BIC Code: YBCS



BY THE SAME AUTHOR

9781801044998

PB | £7.99

Sales Points:

- A story to encourage reluctant readers to see that there are many different ways to enjoy books - you just need to find the one that works for you!
- A celebration of creativity and imaginative play.
- Beautifully illustrated by the internationally bestselling Sean Julian.

About the author

Perry is a writer and editor at Little Tiger Press, where he works mostly on picture books and sometimes on novelty books. Perry lives in London with his partner and their much-too-fluffy cat.

About the illustrator

Sean studied at the Mansfield College of Art, before moving to Bristol to study illustration. Being rather big and hairy himself, he was always happiest illustrating big, hairy creatures such as bears and gorillas. This naturally led to a career in children's books. He now has over twenty years' experience illustrating and writing for children.

So, Pip and Bun finished making their story.
Then, Pip read the words . . .

and Bun bounced along.
They had found their very own way to read.

Not still.
Not quiet.
But together.



Advance Information

The Best You

Written by Nima Patel

Illustrated by Cally Johnson Isaacs



Let's stop asking, "What do you want to be when you grow up?" and start asking who children want to be.

From a firefighter's bravery and a teacher's fairness to the creativity of an artist, this book explores the different values which can make us the best versions of ourselves. Uplifting text and joyful artwork shows readers the importance of kind, strong, passionate and determined.

This inspirational, thought-provoking book from parenting coach Nima Patel celebrates the qualities children need to thrive.

What we need to succeed is already within us!

Sales Points

- A celebration of core values such as kindness, bravery and determination.
- Empowers children to reach for the stars and believe in themselves.
- Thought-provoking text with fresh, charming illustrations.

About the author

Nima believes developing emotional intelligence equips children with the tools they need to thrive in a complex world. Combining her two passions in life: self-development and teaching, she has passionately created the brand Mindful Champs, with a mission to bring an emotional education into the lives of children.

About the illustrator

Cally has illustrated nearly 20 children's books. She creates her artwork at her seaside cottage in Northumberland, where daily beach walks help to inspire her practice and has an impressive Instagram.

BY THE SAME ILLUSTRATOR



9781788816908
PB | £6.99



ISBN: 9781838916992
Pub Date: 6 February 2025
Price: £7.99
Format: PB
Age: 3 to 6
Dims: 260x260 mm
Extent: 32 pp.
CBCM Code: A3M79
BIC Code: YBCS



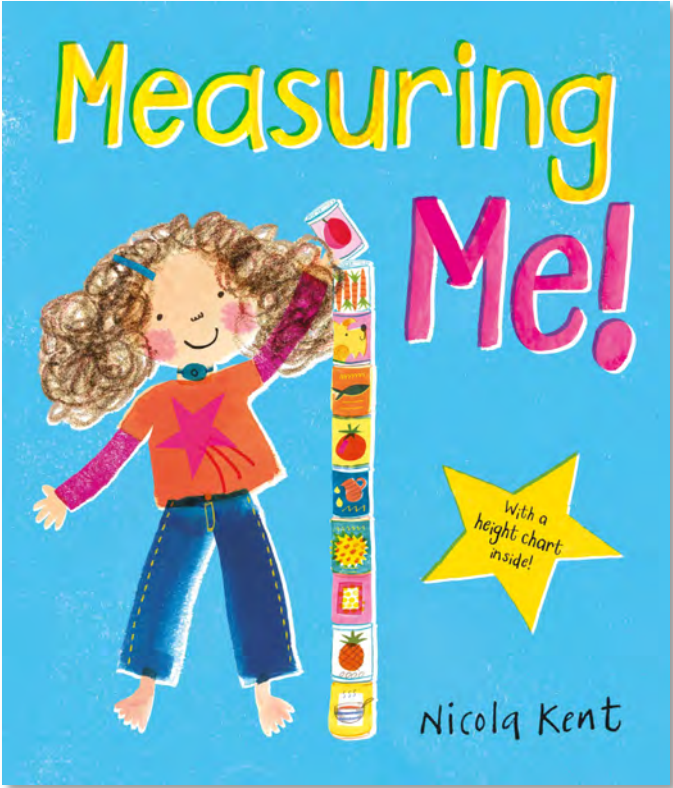
Maybe you
don't know
what you want to do yet...



or maybe you
want to do
lots of things!

Measuring Me

Written and Illustrated by Nicola Kent



From finding out how tall you are in food tins to how much electricity your body can generate, **Measuring Me** includes plenty of relatable and exciting ways to explore the concepts of measuring.

Bright and lively artwork by Nicola Kent presents the topic of measuring in an exciting and personal way, encouraging little learners to engage in this important concept. Includes a pull-out height chart!

Discover more about the human body in this book that is all about YOU!

Sales Points

- An accessible introduction to measuring and relativity for children that uses familiar household items to make abstract concepts relatable and engaging.
- Includes a beautifully decorated pull-out height chart that children can use to track their growth.
- Nicola Kent's emotive and playful illustration style adds a heartwarming dimension to this key non-fiction topic.

About the Author

Nicola Kent is an award-winning author and illustrator of children's books. She won the Independent Booksellers' Best New Illustrator Award (2019) and has been shortlisted in both the World Illustration Awards and the Teach Primary Book Awards. She lives in London with her partner, two children, a cat and a dog, and a very untidy desk.



ISBN: 9781838917012
Pub Date: 6 February 2025
Price: £7.99
Format: PB
Age: 3 to 6
Dims: 280x245 mm
Extent: 32 pp.
CBCM Code: A5M79
BIC Code: YBLH



2
eyes

10
toes

more than
600
muscles

4,000
tendons

I am made of millions

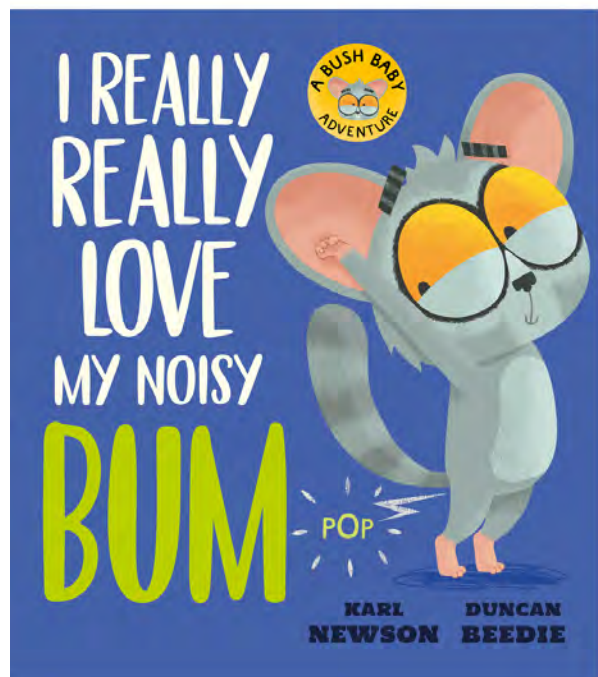
of numbers.

20,000
genes

around
3 million
sweat pores

about
97 billion
nerve cells

But...



ISBN: 9781838917166
 Pub Date: 6 February 2025
 Price: £7.99
 Format: PB
 Age: 3 to 6
 Dims: 280x245 mm
 Extent: 32 pp.

CBCM Code: C3N79

BIC Code: YBCS



I Really, Really Love My Noisy Bum

Written by Karl Newson

Illustrated by Duncan Beedie

Parp! Toot! Boooooooooom!

Bush Baby is on the hunt to find the mysterious MEGA- TOOTER!

Packed with parps, toots and trumps galore, this is another stonking book in the bestselling Bush Baby Adventure series!

Sales Points

- A laugh out loud, rollicking romp from bestselling duo Karl Newson and Duncan Beedie
- Over 100,000 copies of the Bush Baby Adventure series sold across 10 territories.
- Bursting with bottoms and parps, this book will have kids in stitches!

About the author

Karl Newson is a bestselling, multi-award-winning children's book author. His stories have been translated into 30 languages around the world. Karl grew up in Norwich, England, and was inspired to write his first story when his children were small... he's been writing stories ever since. Karl lives in London.

About the illustrator

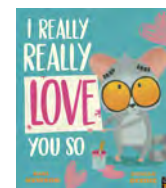
Duncan is a bestselling author and illustrator who has been drawing and doodling since childhood, sprawled out on his parent's living room carpet with felt tip in fist. He now sits upright to draw from his studio in Bristol, where he lives.

ALSO AVAILABLE IN THE SERIES

9781788817851
 PB | £6.99



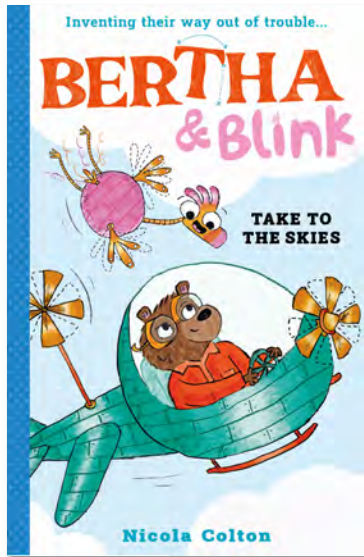
9781801044080
 PB | £7.99



9781801045742
 PB | £7.99







Join Bertha and Blink on an adventure full of friendship, with a sprinkling of science and a nod to nature. The perfect series for fun-loving readers!

Bertha and Blink wake up one morning to find a strange smog surrounding them – it's their nemesis Finnius Fink's new factory and it's destroying the jungle! The duo are determined to stop him and Bertha has an idea that just might work... With brilliant inventions, the help of new friends and some tricks in their toolbox, can the pair put a stop to the destruction and save their home?

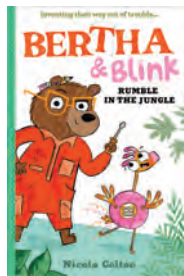
About the author

Nicola Colton is an Irish author-illustrator living in Bristol and is the creator of the popular 'People of Bristol'. Her work has featured in editorials, print and web campaigns for clients such as Boots UK and Fáilte Ireland and in various exhibitions. Her debut picture book, *A DUBLIN FAIRYTALE* (O'Brien Press), was nominated for an Irish Book Award in 2015 and *ZIM ZAM ZOOM!* (Otter-Barry Books) was longlisted for the CLiPPA and UKLA Book Awards 2017.

Sales Points:

- With accessible, four-colour art and pared back text, this is the perfect series for younger readers who are starting to read independently.
- Focus on STEM and nature and how the two can work together! There's lots for readers to engage with throughout the series.
- For fans of Claude, Hotel Flamingo, Jasper and Scruff and Bumble and Snug.
- Nicola's first series *JASPER AND SCRUFF* has fans across the world (published in seven territories: UK, US, Spain, Russia, China, Ukraine, Poland) – the artwork and humour have an international appeal.

ISBN: 9781788956444
 Pub Date: 6 February 2025
 Price: £6.99
 Format: PB
 Age: 5 to 8
 Dims: 198x129 mm
 Extent: 96 pp.
 CBCM Code: B3N79
 BIC Code: YFC

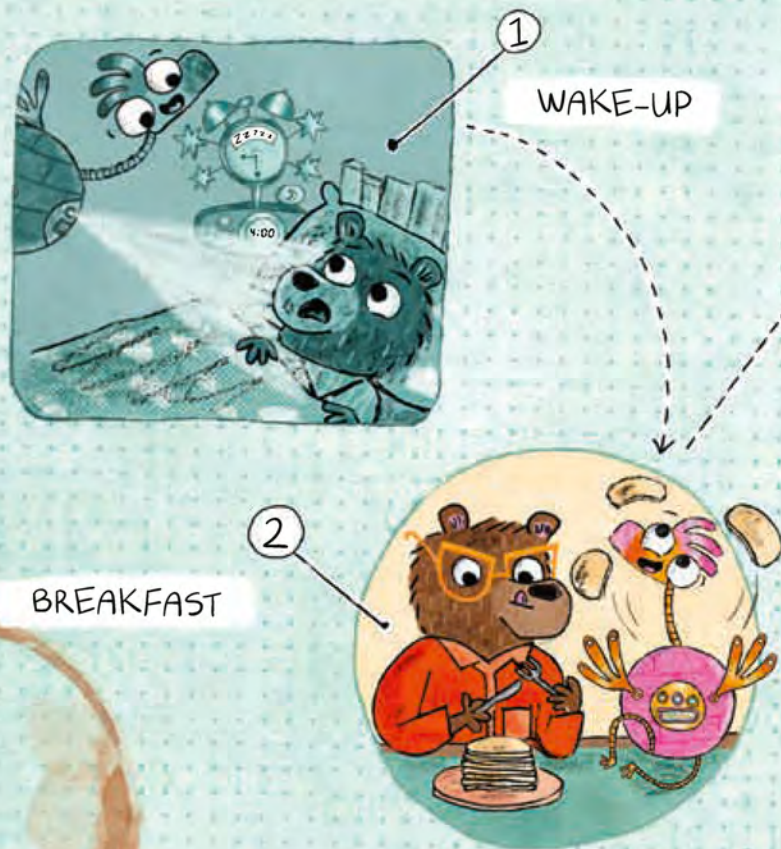


ALSO AVAILABLE IN THE SERIES

9781788956437
 PB | £6.99



Before she had invented Blink, Bertha had loved to stick to a strict routine. Each day was still carefully planned, but now she left room for surprises. And with Blink, there was always a surprise!



Bad United: Foul Play

Written and illustrated by Louise Forshaw



Bad United have won their first match and Hoof the Unicorn is OVER THE MOON! But their journey as a team is only just beginning.

Their next game will prove even tougher, as they take on Tinkerball's old squad. The team are all ready to take their new-found confidence into training, except Tinkerball. She seems scared and secretive, and her magic is even more erratic than usual. Hoof is worried – match day is coming round FAST and they HAVE to win. When the truth is revealed, a raging rivalry explodes on the pitch and sparks fly. Is it GAME OVER for Bad United?

The second book in a super and silly graphic novel series, perfect for fans of *The Bad Guys* and *The Nothing to See Here Hotel*.

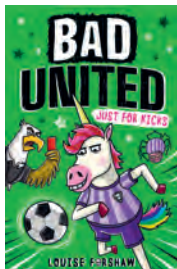
ISBN: 9781788956673
Pub Date: 6 February 2025
Price: £6.99
Format: PB
Age: 6 to 9
Dims: 198x129 mm
Extent: 96 pp.
CBMCode: C3N79
BIC Code: YFR

About the author

Louise Forshaw is an illustrator (and sometimes author) living in a small town in the North East, UK. She graduated with a BA (Hons) in Illustration and Animation from Newcastle College. Louise works from home in a small studio, supervised by her three noisy and very mischievous, Jack Russell Terriers.

Sales Points:

- A laugh-out-loud football series for 6-9 years-olds, with reluctant reader appeal.
- Creator Louise Forshaw, illustrator of *Solve Your Own Mystery*, has packed each panel with humour and warmth, and her art has proved popular with international publishers.
- With a Ted Lasso style optimism, there's a subtle message about working together (with some comedy chaos along the way)



ALSO AVAILABLE IN THE SERIES

9781788956666
PB | £6.99



A new day, a new chance for Bad United to show off our skills on the pitch. I couldn't wait for training...



The
STAR of
the team
is here!



That's right, I am.

We all know who
the real star is.



Written by Davina Tijani
Illustrated by Adam Douglas-Bagley



A fun and fast-paced series based on African mythology, YOMI is an adventure full of heart and humour.

A call for help brings Yomi, Kay and their Uncle Olu to the Congo, where members of the Sacred Beast League have gone missing along with a number of Abadas, the Nkara that roam the national park. When Olu is captured by the Beast Hunters, Yomi and Kay are on their own – until they meet a group of young Abadas. But with tensions running high among the different herds, will Yomi be able to convince the creatures to put their arguments aside to save their friends and stop the Beast Hunters?

BEAST QUEST meets Pokémon, the series is perfect for fans of HOW TO TRAIN YOUR DRAGON, FUTURE HERO and DRAGON MOUNTAIN.

Sales Points:

- A fast-paced and fun adventure series with amazing creatures from African mythology from an exciting author and illustrator pairing
- Full of imagination and detailed world building, the series will transport readers all over the African continent – from The Gambia to Senegal to South Africa
- YOMI AND THE FURY OF NINKI NANKA shortlisted for Younger Fiction Book of the Year in the Week Junior Book Awards

About the author

Davina Tijani is a speculative fiction writer for adults and children with a passion for world mythology. Davina was born in London, United Kingdom where she currently lives.

About the illustrator

Adam Douglas-Bagley is an illustrator and storyteller from South London with a deep passion for creating fantastical worlds and populating them with an array of whimsical characters. He hopes to one day inspire the next generation of illustrators to pick up a pencil and start spinning their own tales

ISBN: 9781788956154
Pub Date: 6 February 2025
Price: £6.99
Format: PB
Age: 6 to 9 198x129
Dims: mm 176 pp.
Extent: C3N79

CBCM Code: YNX

BIC Code:



9781788956123
PB | £6.99

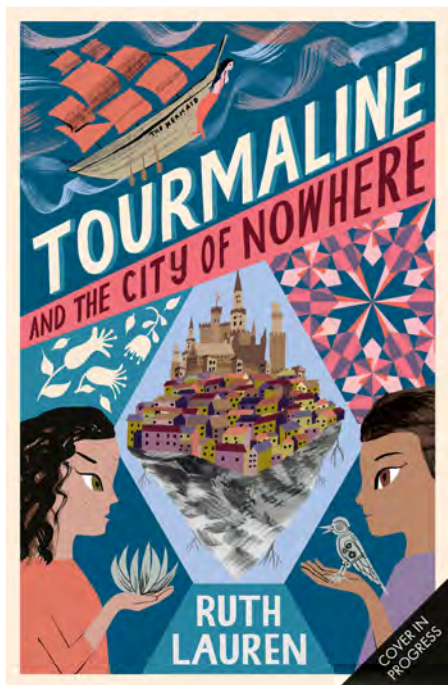


9781788956130
PB | £6.99



9781788956147
PB | £6.99

I ALSO AVAILABLE IN THE SERIES!



Tourmaline's magic is no longer a secret, and everyone wants something from her, including her (potentially) villainous father. He wants her help on his mission to find the legendary City of Nowhere.

But Tourmaline (along with her best friends George and Mai) has bigger things to deal with – Pellavere, her home, is in danger. When it turns out that her father's quest and the key to saving Pellavere could be linked, Tourmaline has a decision to make. But will the City of Nowhere have the solution to save her home? Or will it give her father the magical power he so desperately craves?

About the author

Ruth has been a teacher and worked in lots of different offices, but she likes writing best. She is the author of Prisoner of Ice and Snow and its sequel Seeker of the Crown and currently lives in a Victorian house in the West Midlands in England with her partner and a lot of children and cats

Sales Points:

- The third and final book in a fun, feminist fantasy adventure series with a protagonist that flies off the page and into readers' imaginations
- With sparky and stylish writing and lots of twists and turns, Tourmaline's story will have readers clamouring for more
- Tourmaline's first two adventures received strong reviews and support from readers and retailers. Sold in a pre-empt to Germany.
- Ruth Lauren's debut Prisoner of Ice and Snow and its sequel Seeker of the Crown went to auction in the US and were published by Bloomsbury US and UK.

ISBN: 9781788955935
 Pub Date: 6 February 2025
 Price: £7.99
 Format: PB
 Age: 9 to 12
 Dims: 198x129 mm
 Extent: 352 pp.
 CBCM Code: D3N79
 BIC Code: YFH

ALSO AVAILABLE IN THE SERIES I

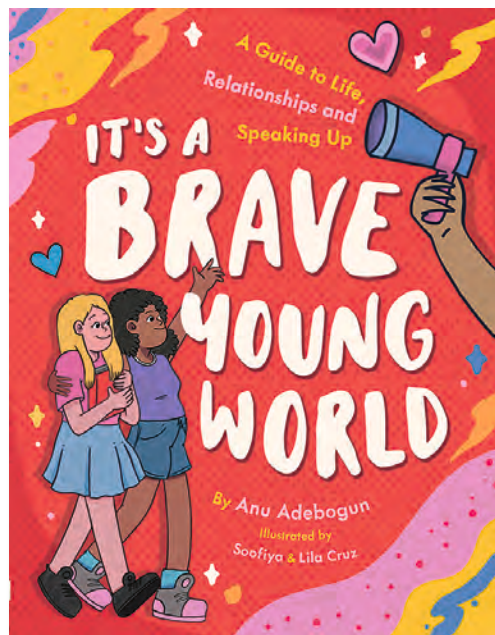


9781788955911
 PB | £7.99



9781788955928
 PB | £7.99

Advance Information



It's a Brave Young World

Written by Anu Adebogun

Illustrated by Soofiya and Lila Cruz



Being bold and audacious is our way ...

From online safety and predators to frenemies, mood swings and relationship red flags, this coming-of-age handbook will be the big sibling you wish you had – answering all your most pressing questions, offering reassurance and giving you the confidence to **speak up and live your best life!**

A thought-provoking, empowering book from Anu Adebogun: celebrated author, educator, doctoral researcher and award-winning youth advocate.

About the author

Anu Adebogun is a British-Nigerian author, scholar and award-winning youth practitioner. Anu holds a first-class Law degree and completed an MSc in Criminology and Criminal Justice at the University of Oxford. Presently, she continues her PhD studies at Oxford where she explores parent-child relationships and safety at home.

Sales Points:

- Written by award-winning youth advocate who regularly runs workshops with young people.
- Filled with illustrations, activities, tips and real-life scenarios.
- Engaging and accessible, combining self-help, psychology and history.



ISBN: 9781838916404
Pub Date: 6 February 2025
Price: £12.99
Format: PB
Age: 12+
Dims: 229x189 mm
Extent: 224 pp.
CBCM Code: E5N79
BIC Code: YX

Power dynamics

There are many reasons why communicating your boundaries can be challenging, especially when the issues of power and authority come into the mix. Power is about having influence or control. It is not always bad; in fact it can be used as a force for good – for example, a celebrity using their platform to raise awareness of a positive cause. However, power imbalances can make it difficult to give consent. Sometimes, a person might struggle to say no because they feel like they don't have the power to be heard.

Power imbalances sometimes happen because the other person is physically bigger or stronger. A difference in age and status could also make a young person feel intimidated and unable to say no due to a fear of being punished or missing out on an opportunity; but remember, your voice counts too – feel empowered to communicate that your rights need to be respected.



"No is a complete sentence."
Anonymous



Activity time Power in relationships

Browse this list of relationships with power dynamics. Can you think of any more?



Celebrity
and fan

Teacher
and student

Youth leader
and young person

Influencer
and follower

Religious leader
and worshipper

Doctor
and patient

Add your own . . .

Police officer
and citizen

REFLECTION

Here are some ways to challenge a power imbalance:

- Call it out.
- Check in with yourself.
How are you feeling?
Scared or confused?
- Walk away or take a break from the situation.
- Can you think of another way to challenge the imbalance?